

- ♥ Are you an older LGBTQ+ adult?
- ♥ Do you ever feel lonely?
- ♥ Have you lost contact with friends or family?
- ♥ Do you wish you had someone you could rely on to come by and chat, listen to your concerns, or help you find solutions to the challenges that come with aging in the LGBTQ+ community?



SAGE's Friendly Visitor Program can help.

To participate or volunteer, call us at 646-660-8955, or email FriendlyVisitorNYC@sageusa.org



SAGE is the world's largest and oldest organization dedicated to advocacy, services, and innovations to ensure lesbian, gay, bisexual, transgender, and queer and/or questioning (LGBTQ+) elders everywhere age with the dignity and respect they deserve.

Founded in 1978, SAGE offers supportive services and consumer resources to LGBTQ+ older people and their caregivers, advocates for public policy changes, provides education and technical assistance for aging providers.

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LGBTQ+ ELDERS

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FRIENDLY VISITOR PROGRAM

CONNECTING
LGBTQ+
COMMUNITIES



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LGBTQ+ ELDERS

THE CHALLENGE

Older LGBTQ+ adults quite often become isolated from friends and loved ones as they age and face considerable challenges as compared with the general population:

- ♥ They are two times more likely to live alone.
- ♥ They are two times more likely to be single.
- ♥ They are four times less likely to have children.
- ♥ They are much more likely to be estranged from their families.



THE SOLUTION

SAGE's Friendly Visitor Program helps alleviate isolation and reconnect LGBTQ+ elders to their communities across generations.



It's one of the best things that has happened to me since I joined SAGE. He's always there for me, every week."

—ED, FRIEND AT HOME



THE FRIENDLY VISITOR PROGRAM

HOW IT WORKS

When an elder (Friend at Home) expresses interest in the Program, a social worker makes a home visit to assess the need for SAGE's services, including the Friendly Visitor Program. If appropriate, they are then assigned a Friendly Visitor volunteer.

Friendly Visitor volunteers are carefully screened and fully trained. They commit to spending at least one year with their assigned Friend at Home, visiting once a week and following up between visits via phone or email. In addition, volunteers receive one-on-one supervision and are required to attend bimonthly support meetings.



Applying for the Friendly Visitor Program was one of the better decisions I've ever made. I see Greta more regularly than I see most of my friends and family. In our time together, she has become both."

— ALLISON, VOLUNTEER