



Advocacy & Services for LGBT Elders

We refuse to be invisible®

SAGE Centers Virtual and Telephone-based Programs Week of Monday, July 8, 2024 – Sunday, July 14, 2024

Please note: SAGE programming is for registered DFTA participants aged 60 or above, living in New York City. If you are over 60 years old **and** not a registered participant at a SAGE senior center, please contact us at info@sageusa.org for a registration form. If you are a SAGE Center member, please sign-up for a program by

[clicking here](#)

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Monday, July 8, 2024 – Sign-up for programs online by

*Registration required

11:30 –12:30pm	Feldenkrais w/Frederick	Edie Windsor SAGE Center
12:00-1:00pm	Spanish 201	Edie Windsor SAGE Center
1:00-2:00pm	Tai Chi w/Jana	Edie Windsor SAGE Center
1:30-3:30pm	Zensation Art	SAGE Center Harlem
2:00-3:00om	Let’s Gab	Edie Windsor SAGE Center
3:30-4:45pm	Invisible Disabilities	Edie Windsor SAGE Center
6:15-7:15 pm	Meditative Movement in Spanish	SAGE Center Bronx
6:15-7:45pm	*Caregiving Support Group (full)	SAGE Care Management
8:45-9:45pm	Meditation w/Madhu	Edie Windsor SAGE Center

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Tuesday, July 9, 2024 – Sign-up for programs online by

*Registration required

ON HIATUS	Coffee Talk: A Morning Chat Group (O	SAGE Center Bronx
11:30a-12:30p	Flex and Flow with Tina Redwood-hybrid	SAGE Center Harlem
12:00pm-1:30pm	Writer’s Round Table	SAGE Center Harlem
2:00pm – 3:30pm	Meditative Art	SAGE Center Harlem



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Table with 3 columns: Time, Program Name, Location. Rows include Creative Writing w/Lujira Cooper (Hybrid), Trending Tuesdays, Tuesday Women's Discussion Group, Dance Exercise w/Simone, and Out of the Box Movie Series: Aimee & Jaquer (1999).

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Wednesday, July 10, 2024 - Sign-up for programs online by

*Registration required

Table with 3 columns: Time, Program Name, Location. Rows include Golden Rainbow, Nutrition with Jennilynn, Meditative Art with Rafaela, Tai Chi Exercise Class with Jana, Dinner and A Movie: The Oak Room, Black Lives Matter Advocacy Group, Out of the Box Movie Series: The Old Oak (2014), and Drawing Group.

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Thursday, July 11, 2024 - Sign-up for programs online by

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Table with 3 columns: Time, Program Name, Location. Rows include Spiritual Reflection and Affirmation and Women's Support Group (Hybrid).



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Table with 3 columns: Time, Program Name, and Location. Rows include Women's Dialogue, Intergenerational Cooking Class, Men's Discussion, and Out of the Box Movie Series: Daddy's Little Girls.

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Friday, July 12, 2024 - Sign-up for programs online by

*Registration required

Table with 3 columns: Time, Program Name, and Location. Rows include LGBTQ+ 101, Board Gaming, Spanish 101, Afro-Brazilian Dance, America's Burning, Men's Group, Gyrokinesis, Spanish 301, Feldenkrais, and Women's History Group.



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Table with 3 columns: Time, Program Name, Location. Rows include 'Brush Up Your Shakespeare' and 'Cercle Francophone - Dufy et La Fontaine'.

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Saturday, July 13, 2024 - Sign-up for programs online by
*Registration required

Table with 3 columns: Time, Program Name, Location. Rows include 'Introduction to Pilates w/Frederick', 'Close Knit Community', 'Social Saturdays', and 'Saturday Afternoon Movie Special: The Death and Life of Marsha P Johnson (2017)'.

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Sunday, July 14, 2024 - Sign-up for programs online by
*Registration required

Table with 3 columns: Time, Program Name, Location. Row includes 'Healthy Mature Reflecting'.

If you are interested in attending these programs, please sign up by

clicking here