

SAGE CENTER BRONX @
CROTONA PRIDE HOUSE
1784 PROSPECT AVENUE, BRONX, NY
929-458-2150

March 2025

On-Site Programs
10am-4pm
Lunch
12:30-1:45 pm

3	4	5	6	7	
<p>Coffee Talk 10:00-11:00 SAGE Sewing 10-12 Stretch & Move 11:45-12:30 Exercise Games 2-4 Art Studio 3-4</p> 	<p>Breakfast Bash 11-1 Color & Chat 10-12 Pilates 11:45-12:30 Stress Free Tech 1-3 Afternoon Movies 2:30-4:30</p> 	<p>Art Studio 10-12 Franks Healing Workshop 10:00-12:00 Bilingual Computer Class 1-3 Exercise Games 2-4</p>	<p>Coffee Talk 10-12 Art from the Heart 10:30-12:30 L Group 1:00-3:00 Chat & Chew 2-3 Line Dancing 3-4</p> 	<p>Coffee Talk 10-12 Chair Exercise 11:30-12:30 Trans Programming 1-4 Music Appreciation 1:30-2:30 Music Appreciation 2-3</p>	
10	11	12	13	14	
<p>Women's Group 10:00-11:00 SAGE Sewing 10-12 Stretch & Move 11:45-12:30 Women's Celebration 1:30-2:30 Exercise Games 3-4:30</p> 	<p>Breakfast Bash 11-1 Color & Chat 10-12 Pilates 11:45- 12:30 Stress Free Tech 1-3 Latin Women Group</p> 	<p>Coffee Talk 10-12 Blood Pressure 10-12 Computer Support 12-3 NYCEM's Older Adult Center of the Year Ceremony 2-4</p> 	<p>Coffee Talk 10-12 Art from the Heart 10:30-12:30 L Group 1:00-3:00 Chat & Chew 2-3 Line Dancing 3-4</p> 	<p>Color & Chat 10-12 Chair Exercise 11:30-12:30 Trans Programming 1-4 Arts & Crafts 1:30-3 Music Appreciation 2-3 Latino Gay Men's Group 3-5</p>	
17	18	19	20	21	
<p>Coffee Talk 10:00-11:00 SAGE Sewing 10-12 Stretch & Move 11:45-12:30 ST Patrick Celebration & Games 2-4</p> 	<p>Breakfast Bash 11-1 Color & Chat 10-12 Pilates 11:45-12:30 Stress Free Tech 1-3 Let's Gather Together Afternoon Movies 2:30-4:30</p>	<p>Franks Healing workshop 10:00-12:00 Blood Pressure 10-12 Exercise Games 2-4 Bilingual Computer Class 1-3</p>	<p>Coffee Talk 10-12 Common Pantry 1-3 Art from the Heart 10:30-12 L Group 1:00-3:00 Chat & Chew 2:30-3:30</p> 	<p>Chair Exercise 11:30-12:30 Trans Programming 1-4 Arts & Crafts 1:30-3 Music Appreciation 2-3 Karaoke Hour 3-4</p> 	
24	25	26	27	28	
<p>Women's group 10-11 SAGE Sewing 10-12 Stretch & Move 11:45-12:30 Exercise Games 2-3:30 Art Studio 3-4</p> 	<p>Breakfast Bash 11-1 Color & Chat 10-12 Pilates 11:45-12:30 Stress Free Tech 1-3 SAGE Pantry 2-4</p> 	<p>Coffee Talk 10-12 Blood Pressure 10-12 Dance Exercise 11-12 Art Studio 1-3</p> 	<p>Coffee Talk 10-12 Art from the Heart 10:30-12 Tech Triage 12-3:00 Art & Crafts 2-4</p> 	<p>Color & Chat 10-12 Chair Exercise 11:30-12:30 Trans Programming 1-5 Music Appreciation 2-3 Latino Gay Men's Group 3-5 Transvisiblity Day 1-4</p>	
31			<p>March 31st Birthday Bash 1-2</p> 	<p>Barbershop on Monday March 10th & 24th 11-1 Nail Salon Every Friday 1:00-4:00</p> 	<p>SAGE Salon Every Friday 11:00-3:00</p> 