

SAGE CENTER BRONX @
CROTONA PRIDE HOUSE
1784 PROSPECT AVENUE, BRONX, NY
929-458-2150

April 2025

On-Site Programs
10am-4pm
Lunch
12:30-1:45 pm

	1	2	3	4
 <p>Coffee Talk Mon-Fri 10-12 Pilates Every Thursday 11:30-12:15 Let's Gather Together April 29th 2-3:45</p> 	<p>Breakfast Bash 10-11 Color & Chat 10-12 Pilates 11:30 Stress Free Tech 1-3 Games 3-4:30</p>	<p>Creative Sewing w/Sarina 10-12:15 Blood Pressure 10-12 Franks Workshop 11-12 Bilingual Computer 1-2 Exercise Games 2-4</p> 	<p>Color Chat 10-12 Art from the Heart 10:30-12:30 L Group 1:00-3:00 Chat & Chew 2 Free Tax Help 12:30-1:30</p>	<p>SAGE Salon 11-3 Line Dancing 11:30-12:15 Karaoke 1-2 Trans Programming 1-4 Music Appreciation 1:30-2:30</p> 
7	8	9	10	11
<p>SAGE Sewing 10-12 Women's Group 10:30-11:15 Stretch & Move 11:30-12:15 Barbershop 11-1 Exercise Games 2-4</p> 	<p>Breakfast Bash 10-11 Color & Chat 10-12 Stress Free Tech 1-3 Afternoon Movies 2:30-4:30</p> 	<p>Art Studio 10-12 Blood Pressure 10-12 Franks Workshop 11-12 Bilingual Computer 1-2 Exercise Games 2-4</p> 	<p>Color & Chat 10-12 Art from the Heart 10:30-12:30 L Group 1:00-3:00 Decluttering Workshop 1:30-2:30 Arts & Crafts 2:30-4</p>	<p>SAGE Salon 11-3 Line Dancing 11:30-12:30 Karoke 1-2 Trans Programming 1-4 Alzemezers Workshop 2:30- 3:30 Latino Gay Men's Group 3-5</p>
14	15	16	17	18
<p>Coffee Talk 10:00-11:00 SAGE Sewing 10-12 Stretch & Move 11:30-12:15 Crochet Party 1-3 Exercise Games 2-4</p>	<p>Breakfast Bash 10-11 Color & Chat 10-12 Stress Free Tech 1-3 Latin Women Group 1-2 Craft workshop with Omi 2:00-4:00</p>	<p>Creative Sewing 10-12:15 Blood Pressure 10-12 Franks Workshop 10:30-11:30 Building a Healthy Eating Routine 11:30-12:15 Bilingual Computer 1-2 Exercise Games 2-4</p>	<p>Common Pantry 10-12 Color & Chat 10-12 Art from the Heart 10:30-12 L Group 1:00-3:00 Chat & Chew 2:00-3:00 Jewelry 3-4</p> 	<p>SAGE Salon 11-3 Line Dancing 11:30-12:15 Karoke 1-2 Trans Programming 1-4 Alzemezers Workshop 2:30- 3:30</p>
21	22	23	24	25
<p>SAGE Sewing 10-12 Women's Group 10:30-11:15 Stretch & Move 11:30-12:15 Barbershop 11-1 SAGE Pantry 2-4</p> 	<p>Breakfast Bash 10-11 Color & Chat 10-12 Music Concert 1:15- 2:15 Table Games 2-4</p> 	<p>Art Studio 10-12 Blood Pressure 10-12 Franks Workshop 11-12 Bilingual Computer 1-2 Exercise Games 2-4</p> 	<p>Color & Chat 10-12 Art from the Heart 10:30-12 Chat & Chew 2-3 Anger Management 3-4 Aging with Grace 4-5</p>	<p>SAGE Salon 10-2 Line Dancing 11:30-12:30 Latin Men Group 12-2 Drumming Circle 2-245 Rainbow Social 3:00-5 :30</p>
28	29	30		
<p>SAGE Sewing 10-12 Walking Club 10:45-11:30 Stretch & Move 11:30-12:15 Birthday Bash 1-2 Level up Exercise Games 2-4</p>	<p>Breakfast Bash 10-11 Color & Chat 10-12 Stress-free Tch 1-3 Latin Women's Group 1-2 Afternoon Movies 2:30-4:30</p>	<p>Creative Sewing 10-12:15 Blood Pressure 10-12 Franks Workshop 11-12 Bilingual Computer 1-2 Exercise Games 2-4</p>	<p>Chair Exercise Every Thursday 11:30-12:15 American Burning Every Thursday 3-4 zoom</p>	<p>Pool Games 10-4 Domonio 11-3 Cyber Café 10-4</p> 