

SAGE CENTER BRONX @
CROTONA PRIDE HOUSE
1784 PROSPECT AVENUE, BRONX, NY
929-458-2150

May 2025

On-Site Programs
10am-4pm
Lunch
12:30-1:45 pm

		1		2	
<p>Harvest Gardening workshop w/ Kystal Every Tuesday 1:30-3:30 Every Wednesday Creative Sewing w/ Sarnia 10-12:15 Breakfast Bash Every Tuesday 10-11</p>	<p>Continental Breakfast Mon-Friday 10-11 Zumba Classes May 8th & 22nd 11-11:45 Coffee Talk 10-12 American Buring Every Thursday 2:00-3:00</p>	<p>Trans Group every Friday 1-4 Latin Women's Group May 13th 1pm Cyber Café 10:00-4:00 Pool Games 10:00-4:00 Domino Games 10:00-4:00 Color & Chat Tues-Thursday 10-12 Music Appreciation Every Friday 2:30-3:30</p>	<p>Art from Heart 10-12 L Group 1-3 Chat & Chew 2:30- 3:30 Ivan Art Class 12:30-2:00 Board Games-2-4</p> 	<p>Center Close Adminstration Day</p>	
5		6		7	
<p>SAGE Sewing 10-12 Stretch & Move 11:30-12:15 Barbershop 11-1 Cinco De Mayo 12-1 Exercise Games 2-4</p> 	<p>Walmart 9:30-1:45 Pilates 11:45-12:30 Arts & Crafts 1:30-2:30 Stress Free Tech 2-3 Afternoon Movie 3-5</p>	<p>Art Studio 10-12 Blood Pressure 10-12 Brain Games Wednesday 10-12 Frank Workshop 10:30-11:30 Bilingual Computers 1-3 Exercise Games 2-4</p>	<p>Art from the Heart 10:30-12 Safety Education 11:30-12:30 L Group 1-3 Chat & Chew 2:30- 3:30 Ivan Art Class 12:30-2</p>	<p>Stretch & Move 12-12:3 Celebrating Mothers Day 1:00-2:00 Latino Gay Men's Group 3-5</p> 	
12		13		14	
<p>SAGE Sewing 10-12 Womens' Group 10:30-11:15 Stretch & Move 11:30-12:15 Exercise Games 2-4 Crochet Party 1-3</p>	<p>Pilates 11:45-12:30 Stress Free Tech 2-3:30 Essen House Calls 11-3 Jewelry workshop w/Omi 1-3</p>	<p>Atlantic Trip 7:30-4:00 Center Closed</p>		<p>Art from the Heart 10:30-12 L Group 1-3 Chat & Chew 2-3 Celebrating LGBT Elders 3-5</p>	<p>Stretch & Move 11:45-12:30 Trans Programming 1-5 Karaoke Hour 1:30-2:30</p> 
19		20		21	
<p>SAGE Sewing 10-12 Stretch & Move 11:30-12:15 Barbershop 11-1 Level Up Games 2:00-4:00</p>	<p>Pilates 11:45-12:30 Arts & Craft 1:30-2:30 Stress Free Tech 2- 3:30 Jewelry workshop w/Omi 1-3</p> 	<p>Art Studio 10-12 Blood Pressure 10-12 Nutritionist workshop 11:30-12:30 Frank Workshop 1 Bilingual Computers 1-3 Exercise Games 2-4</p>	<p>Art from the Heart 10:30-12 Ivan Art Class 12:30-2 Tech Triage 2-3 Table Games 3-5 Ivan Art Class 12:30-2</p>	<p>Stretch & Move 11:45-12:30 Trans Programming 1-5 Karake Hour 1:30-2:30 Latino Gay Men's Group 3-5</p> 	
26		27		28	
<p>Center Closed Memorial Day</p>	<p>Breakfast Bash 10:15-11:15 Pilates 11:45-12:30 Jewelry Making 1:30-2:30 Birthday Bash 2-3 Let Gathering 2-4</p>	<p>Art Studio 10-12 Frank Workshop 11-12 Computer Bilingual 1-3 Older American Month Games 11-12 Concert in Motion 1:15-2:15</p>	<p>Common Pantry 10-12 Color Chat 10-12 L Group 1-3 Chat & Chew 2:30- 3:30 Board Games-2-4</p> 	<p>Stretch & Move 11:45-12:30 Trans Programming 1-5 Latino Gay Men's Group 3-5 Karaoke Hour 1:30-2:30</p>	
29		30			