

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>SAGE Centers are generously funded in part by the NYC Department for the Aging</p>			1 Congregate Breakfast 10-11AM Ballet Movement Group 12-1:30PM Open Art Studio 12-1:30PM Heal & Grow With Dr. O 1-2PM Woodcarving 2-4PM Congregate Lunch 3-4PM Bingo Social 4-5PM	2 Congregate Breakfast 10-11AM Beginner Sewing Class 10:30-12pm Digital Art 11AM-1PM SAIL Movement 1115-12PM Creative Writing Class 12-1PM Boxing Fitness 1-2PM Survival Self-Defense 2-3PM Advanced Sewing 1-3PM Gel Printing 1-3PM Congregate Lunch 3-4PM Gay Mens Social 3:30-5PM Nutrition Workshop 3:45-4:45PM Grab &Go Distribution 4PM
5 Congregate Breakfast 10-11AM Pottery Group 10:30-12:30PM Intermediate Comp Learning 11am-12pm Moving For Life Exercise 12-1PM Quiet Reading Club 1-2PM Thai Chi 215-3PM Congregate Lunch 3-4PM Push Back and Moving Forward 4-5PM	6 Congregate Breakfast 10-11AM Circle of Support 11AM-1215PM Open Art Studio 12-2PM Zumba Gold 1-2PM SageTrans TGNB Support group 2:30-3:30PM Congregate Lunch 3-4PM Stonewall Social 3-4PM Afternoon Game Social 4-5PM	7 Congregate Breakfast 10-11AM Comp Tech Drop-in 11AM Health Workshop With Dr. O 11-12PM Line Dance 1215-1PM Chair Yoga 1-145PM SAIL Movement 215-3PM Pottery Group 3-5PM Congregate Lunch 3-4PM Stonewall Chorus 4-5PM	8 Congregate Breakfast 10-11AM Ballet Movement Group 12-1:30PM Open Art Studio 12-1:30PM Heal & Grow With Dr. O 1-2PM Woodcarving 2-4PM Congregate Lunch 3-4PM Bingo Social 4-5PM	9 Congregate Breakfast 10-11AM Beginner Sewing Class 10:30-12pm Digital Art 11AM-1PM SAIL Movement 1115-12PM Creative Writing Class 12-1PM Boxing Fitness 1-2PM Survival Self-Defense 2-3PM Advanced Sewing 1-3PM Gel Printing 1-3PM Congregate Lunch 3-4PM Gay Mens Social 3:30-5PM Nutrition Workshop 3:45-4:45PM Grab &Go Distribution 4PM
12 Congregate Breakfast 10-11AM Pottery Group 10:30-12:30PM Intermediate Comp Learning 11am-12pm Moving For Life Exercise 12-1PM Quiet Reading Club 1-2PM Thai Chi 215-3PM Congregate Lunch 3-4PM Push Back and Moving Forward 4-5PM	13 Congregate Breakfast 10-11AM Circle of Support 11AM-1215PM Open Art Studio 12-2PM Zumba Gold 1-2PM Congregate Lunch 3-4PM Stonewall Social 3-4PM Afternoon Game Social 4-5PM	14 Congregate Breakfast 10-11AM Comp Tech Drop-in 11AM Health Workshop With Dr. O 11-12PM Line Dance 1215-1PM Chair Yoga 1-145PM SAIL Movement 215-3PM Pottery Group 3-5PM Congregate Lunch 3-4PM Stonewall Chorus 4-5PM	15 Congregate Breakfast 10-11AM Ballet Movement Group 12-1:30PM Open Art Studio 12-1:30PM Heal & Grow With Dr. O 1-2PM Woodcarving 2-4PM Congregate Lunch 3-4PM Bingo Social 4-5PM	16 Congregate Breakfast 10-11AM Beginner Sewing Class 10:30-12pm Digital Art 11AM-1PM SAIL Movement 1115-12PM Creative Writing Class 12-1PM Boxing Fitness 1-2PM Survival Self-Defense 2-3PM Advanced Sewing 1-3PM Gel Printing 1-3PM Congregate Lunch 3-4PM Gay Mens Social 3:30-5PM Nutrition Workshop 3:45-4:45PM Grab &Go Distribution 4PM
19 Congregate Breakfast 10-11AM Pottery Group 10:30-12:30PM Intermediate Comp Learning 11am-12pm Moving For Life Exercise 12-1PM Quiet Reading Club 1-2PM Thai Chi 215-3PM Congregate Lunch 3-4PM Push Back and Moving Forward 4-5PM	20 Congregate Breakfast 10-11AM Circle of Support 11AM-1215PM Open Art Studio 12-2PM Zumba Gold 1-2PM SageTrans TGNB Support group 2:30-3:30PM Congregate Lunch 3-4PM Stonewall Social 3-4PM Afternoon Game Social 4-5PM	21 Congregate Breakfast 10-11AM Comp Tech Drop-in 11AM Health Workshop With Dr. O 11-12PM Line Dance 1215-1PM Chair Yoga 1-145PM SAIL Movement 215-3PM Pottery Group 3-5PM Stonewall Chorus 4-5PM	22 Congregate Breakfast 10-11AM Ballet Movement Group 12-1:30PM Open Art Studio 12-1:30PM Heal & Grow With Dr. O 1-2PM Woodcarving 2-4PM Congregate Lunch 3-4PM Bingo Social 4-5PM	23 Congregate Breakfast 10-11AM Beginner Sewing Class 10:30-12pm Digital Art 11AM-1PM SAIL Movement 1115-12PM Creative Writing Class 12-1PM Boxing Fitness 1-2PM Survival Self-Defense 2-3PM Advanced Sewing 1-3PM Gel Printing 1-3PM Congregate Lunch 3-4PM Gay Mens Social 3:30-5PM Nutrition Workshop 3:45-4:45PM Grab &Go Distribution 4PM
28 Congregate Breakfast 10-11AM Pottery Group 10:30-12:30PM Intermediate Comp Learning 11am-12pm Moving For Life Exercise 12-1PM Quiet Reading Club 1-2PM Thai Chi 215-3PM Congregate Lunch 3-4PM Push Back and Moving Forward 4-5PM	29 Congregate Breakfast 10-11AM Circle of Support 11AM-1215PM Open Art Studio 12-2PM Zumba Gold 1-2PM Congregate Lunch 3-4PM Stonewall Social 3-4PM Afternoon Game Social 4-5PM	30 Congregate Breakfast 10-11AM Comp Tech Drop-in 11AM Health Workshop With Dr. O 11-12PM Line Dance 1215-1PM Chair Yoga 1-145PM SAIL Movement 215-3PM Pottery Group 3-5PM Stonewall Chorus 4-5PM	<div style="text-align: center;"> <p>SAGE CENTER BROOKLYN AT STONEWALL HOUSE</p> <h1>MAY 2025</h1> <p>**To participate in programming at the Stonewall Center, you must be a registered member and have completed a New Member Orientation at the center</p> <hr/> <p>If this is your first visit to Stonewall, you are also required to attend an orientation session, held every Monday from 11:00 AM to 1:00 PM.</p> <p>Please keep in mind that this schedule is subject to change due to holidays or center closures.</p> </div>	