



**SAGE CENTER BRONX @
CROTONA PRIDE HOUSE
1784 PROSPECT AVENUE,
BRONX, NY
929-458-2150**

June 2025

On-Site Programs 10am-4pm

Lunch 12:15-1:15 pm

Grab & Go- Fridays 10-2

<p>2</p> <p>SAGE Sewing 10-12 Stretch & Move 11:45-12:30 Exercise Games 2-4</p> 	<p>3</p> <p>Breakfast Bash 10-11 Blood Pressure 10-12 Pilates 11:30-12:30 Afternoon 1:30-3:00</p> 	<p>4</p> <p>Art Studio 10-12 Color & Chat 10-12 Healing Workshop 11-12 Exercise Games/ Q 2-4</p>	<p>5</p> <p>Art from the Heart 10:30-11:30 Chair Exercise 11-12 L Group 2-3 Chat & Chew 3-4</p> 	<p>6</p> <p>Stretch & Move 11:45-12:30 Ivana Beauty shop 11-1 Music Apprecation 2:30-3:30 Latino Gay Men's Group 2-4</p> 
<p>9</p> <p>SAGE Sewing 10-12 Healthy Smoothies 11-11:45 Stretch & Move 11:45-12:30 Barbershop 11-1 Exercise Games 2-4</p> 	<p>10</p> <p>Breakfast Bash 10-11 Pilates 11:30-12:30 Color & Chat 10-12 Latin Women' Group 1-2</p> 	<p>11</p> <p>Art Studio 10-12 Essen House Calls 1-3 Crochet w/Shania 2-3 Exercise Games w/ Shania 2-4</p> 	<p>12</p> <p>Art from the Heart 10:30-11:30 Chair Exercise 11-12 L Group 2-3 Chat & Chew 3-4</p> 	<p>13</p> <p>Stretch & Move 11:45-12:30 SAGE Salon 11-2 Karaoke Hour 1:15-2:15 Music Apprecation 2:30-3:30 Latino Gay Men's Group 2-4 Evening Center 5-7 pm</p> 
<p>16</p> <p>SAGE Sewing 10-12 Healthy Smoothies 11-11:45 Stretch & Move 11:45-12:30 Barbershop 11-1 Pool Games 2-3 Exercise Games 2-4</p> 	<p>17</p> <p>Breakfast Bash 10-11 Pilates 11:30-12:30 Color & Chat 10-12 Destination Tomorrow Trip 11:00-2:00 pm</p> 	<p>18</p> <p>Dream Big Workshop w/ Q 11-12:30 Crochet w/Shania 2-3 Afternoon Movies 2-4 Healing workshop 11-12</p> 	<p>19</p> <p>AGENCY CLOSE CELEBRATING</p> <p><i>Juneteenth</i></p>	<p>20</p> <p>Stretch & Move 11:45am-12:30 Latino Gay Men's Group 3-5 Prodigal Children Photo Exhibit Pride Celebration Event 3-6</p> 
<p>23</p> <p>SAGE Sewing 10-12 Stretch & Move 11:45-12:30 Domino Games 2-3 Exercise Games 2-4</p>	<p>24</p> <p>Pilates 11:30-12:30 Color & Chat 10-12 Latin Women's Group 1-2 Jewelry w/ Omi 2-4 Let's Gather 2-4</p>	<p>25</p> <p>Nutrition Class 10:30-11:30 Brain Games 11-12 Jewelry & Crocheting 2-4 Exercise Games W Shania 2-4</p> 	<p>26</p> <p>Nutrition talk 11:30-12:30 Chair Exercise 11-12 Art from the Heart 10:30-11:30 Common Pantry 10-12 L Group 2-3</p> 	<p>27</p> <p>Coffee Talk 10-12 Healthy Living 12-1 Karaoke Hour 1:30-2:30 Shania Outing 2:00-4:00</p> 
<p>30</p> <p>SAGE Sewing 10-12 Stretch & Move 11:45-12:30 Birthday Bash 1-2 Exercise Games 2-3</p>	<p>Walking Club Every Monday & Wednesday 11:00-11:45 pm</p>	<p>Trans Group Every Friday 1-3 Cyber Café 10-4pm Blood Pressure Monday/Tuesday/Wednesday 10-11:30</p>	<p>Creative Sewing June 4th & 11th 10-12</p> 	<p>Ivan Art Utopia Art Class Every Thursday 1-3</p> <p>Chat & Chew June 5th & June 12th</p>

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